

**NEWS BULLETIN
FROM
INNSUITES BOUTIQUE COLLECTION HOTELS
NYSE:IHT
INNSUITES CONVENTION**

**RE: INNSUITES BOUTIQUE COLLECTION
INNSUITES HOTEL CENTRE
1625 E. NORTHERN AVENUE, # 105
Phoenix, Arizona 85020
Phone: 602-944-1500**

FOR FURTHER INFORMATION:

**Pamela Barnhill, President
602-944-1500 X215**

email: pbarnhill@innsuites.com

FOR IMMEDIATE RELEASE

May 31, 2012

InnSuites Hotels Hosts 34th Annual Convention

The Convention featured managers, owners and department heads from the 62 IBC hotels with 6292 rooms and suites, located in resort areas from the Caribbean to the Southwest to the Pacific.



Speakers included Pamela Barnhill, head of InnSuites Boutique Hotel Collection (IBC), President of InnSuites Hospitality Trust and the IBC Hotel division. James Green, head of InnSuites hotel operations provided operational and cost savings ideas. Rita Emmett (Rita has made over 100 radio and TV appearances, including The Today Show) spoke on the need to avoid procrastination in the hotel industry, getting things done, as well as stress reduction in the fast-moving industry. One of the ways to reduce stress is to eliminate procrastination and do not overlook the tried and true exercise, eating right, and stop smoking. In particular, Rita suggested carving out one hour a day to tackle a project with the goal of a reward in place once the task is complete.

Casino Night provided fun for the entire InnSuites family, along with a grand banquet, announcing the InnSuites employee of the year, acknowledging best run InnSuites hotels including Ontario, California; Yuma, Arizona; Phoenix, Arizona and Albuquerque, New Mexico.

The theme of the 34th Annual InnSuites Convention was the fast moving world that we live in and the steps that InnSuites Hotels and InnSuites Boutique Hotel Collection have taken to stay up, and in some cases get ahead, of these fast-moving trends including internet and mobile reservations, vastly expanded free high speed, high capacity internet and unique guest extras including free long distance to Mexico, Canada, Europe and the United States from signature InnSuites Hotels and Suites.

These InnSuites extras plus major emphasis on taking care of the guest and related guest service items topped off the gala event held at the Hotel Tucson City Center InnSuites Downtown Convention Center Suite Resort located on a 10-acre, downtown oasis, surrounding heated Olympic pool, spa and one of Tucson's largest meeting and convention facilities.

For more information on InnSuites Boutique Collection Hotels, visit: www.innsuites.com, www.ibchotel.com or call 1.602.944.1500.